

Problem Solving Traits to Avoid

1. When I fail to solve a problem, I do not examine how I went wrong.
2. When confronted with a complex problem, I do not develop a strategy of finding out exactly what the problem is.
3. When my first efforts to solve a problem fail, I become uneasy about my ability to solve the problem (or I panic!).
4. I am unable to think of effective alternatives to solve a problem.
5. When I become confused about a problem, I do not try to formalize vague ideas or feelings into concrete terms.
6. When confronted with a problem, I tend to do the first thing I can think of to solve it.
7. Often I do not stop and take time to deal with a problem, but just muddle ahead.
8. I do not try to predict the overall result of carrying out a particular course of action.
9. When I try to think of possible techniques of solving a problem, I do not come up with very many alternatives.
10. When faced with a novel problem, I do not have the confidence that I can resolve it.
11. When I work on a problem, I feel that I am grasping or wandering, and not getting a good lead on what to do.
12. I make snap judgments (and regret them later).
13. I do not think of ways to combine different ideas or rules into a whole.
14. Sometimes I get so charged up emotionally that I am unable to deal with my problem.
15. I jump into a problem so fast, I solve the wrong problem.
16. I depend entirely on the worked-out sample problems to serve as models for other problems.
17. I do not plan my time.
18. I am afraid of losing face.
19. I fail to start on the easy (to me) problems first.
20. I ignore words I do not know.
21. I am easily distracted by the environment in which I work.
22. The stress of problem solving causes blocks and filters out good ideas.
23. Lack of background information lead me down the wrong path.

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